

2010/2011 SEASON TRYOUTS WILL TAKE PLACE IN MID NOVEMBER!!!

WHAT SETS WWVBC APART FROM THE REST?

Location: Our club practices are conveniently held in Mercer County, within 25-40 minutes of East Brunswick, North Brunswick, South Brunswick, Flemington, Freehold, Bridgewater, Burlington County, Council Rock School District, and Hillsborough.

Coaching Staff: Our dedicated coaching staff is comprised of competent coaches with incredibly long resumes of both playing and coaching experience.

- We have three coaches who are current University coaches.
- We have one coach on staff with a high school state championship title and are directed by Michael Adams, former NJ Boys High School Coach of the Year.
- All of our coaches have played at a high level of the game including professional indoor, international, Division 1 college, and professional beach experience.
- Most of our coaches are regular assistants at various high school and private camps/clinics.
- Most of our coaching staff have been trained in the Gold Medal Squared volleyball program, an elite coach training program run by the nation's top coaches and fully endorsed by USA Volleyball.

College Recruiting: Our staff is committed to share their experiences and knowledge to assist players in the recruiting and college team selection process.

- Our coaches will volunteer the time needed to assist players with shooting skills and game footage for college recruiting videos.
- With several coaches working in College Showcase events and some involved in the recruiting process of their own college teams, they are able to help guide players in obtaining the best exposure for the schools in which they are interested.

Off-Season and Extra Practice: We are dedicated to maximizing the potential of *each* of our players.

- When time and gym availability permits, many of our coaches will volunteer their time to offer additional individual and group lessons.
- Embracing the varying strengths of our coaching staff, our coaches will often cross train players on other teams in specific aspects of the game.
- For the past three years, our club has organized a beach volleyball program for all WWVBC players which train's them in the off-season (early June through early August) in the game of beach volleyball. While practice is held in the West Windsor- Plainsboro area, tournament opportunities are available every weekend throughout the summer at the Jersey Shore.

About our Teams and our Season: Our teams are comprised of players from all over Central Jersey. In addition, while the season isn't all about wins and losses...it certainly can be something to be proud of:

- Past players played on high school teams from East/South & North Brunswick, Freehold, Monroe, West Windsor North and South, Steinert, Lawrenceville Prep School, Princeton Day School, Rumson-Fairhaven, and many more!
- Our club teams have collectively won over 10 tournaments in the past 3 seasons of playing GEVA and AAU, including winning the club division of the 17's regional tournament in 2010 (ending the season conservatively ranked at #12 overall).

Off-the-Court Involvement: Recognizing that there is more to sports and a team than what occurs in the gymnasium, our coaches often organize various recreational team building and charitable activities. Note that while participation is encouraged, our staff recognizes that time is limited therefore activities are completely voluntary. Past activities included:

- Rock climbing and paint ball outings.
- Attend annual Princeton versus Penn State men's volleyball match.
- Conducted stuffed animal collection to raise toys for Project Smile, an organization which provides toys to children involved in traumatic situations.
- Several players have volunteered time over the past few years to support the Ryan's Quest "Tri'n for Ryan" race team at the NJ State Triathlon.
- Our end of season beach party cannot be matched! Players enjoyed an end of season party with a day of beach volleyball, plenty of food, and prizes!